



## April 2024 Promoting Positive Parenting

**M***Parenting Awareness*  
**MICHIGAN**

PAM hopes to provide you with education and resource materials for those doing important work with parents and families in your community on various topics to raise awareness around parenting issues.

## Mark Your Calendar

### 2024 Upcoming Events

- Child Abuse Prevention Month
- Alcohol Awareness Month
- Take Back Day - **DETROIT/HIGHLAND PARK** locations **ONLY** - April 20th, 2024  
10:00 am - 2:00 pm
- MCRUD Shoalition - April 23rd, 2024
- National Take Back Day - April 27th
- National Prevention Week - May 12th - 18th
- MIHEN Conference - June 13, 2024
- [Maternal Infant Health Summit - June 17th & 18th, 2024, Lansing MI](#)
- Michigan SUD Prevention Coalition Conference - July 25th, 2024
- PAM Conference - November 8th, 2024

Have an event to add to this calendar? Email Sara ( [sarak@preventionnetwork.org](mailto:sarak@preventionnetwork.org)) and we will make sure it is added.

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Have an event coming up? Want to celebrate your amazing achievements or recognize someone doing great work with parents and families? Email [sarak@preventionnetwork.org](mailto:sarak@preventionnetwork.org) to be included in the next edition of "PAM Spotlights" or follow this link ["PAM Spotlights"](#) to fill out the form.

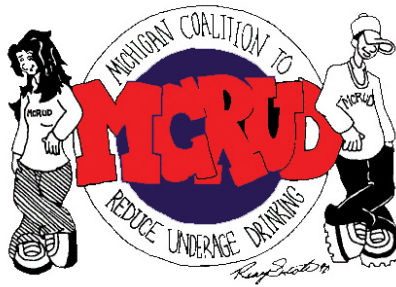
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# "PAM Spotlights"

Featuring:

"Michigan Coalition  
to Reduce  
Underage  
Drinking"

MCRUD



Not only is April, Child Abuse Prevention Month but it's also Alcohol Awareness Month. The following are just three examples of what some of MCRUD partners are doing in celebration of alcohol awareness month.

*The Healthy Grosse Pointe and Harper Woods Coalition* recently launched a "Dangers of Underage Drinking" poster contest for all high school students in the Grosse Pointe and Harper Woods area. The students are asked to share a message on the dangers of alcohol to teens. The winning posters will be distributed to all local schools and will be shared on various social media sites to promote April -Alcohol Awareness Month and the Coalition's campaign "Parents Who Host Lose the Most".

The *Berrien County "Voice.Change.Hope.Alliance's"* mission is to "eliminate substance use disorder and addiction from families of Southwest Michigan." Every year for alcohol awareness month the coalition implements their alcohol prevention media campaign. Below is just one example of a social media post that they share.

## **Social Media Post**

Decades of research make one thing clear: Alcohol is the number one substance being used by underage individuals. As events such as prom and graduation draw closer, now is the perfect time to have conversations about the health risks associated with underage drinking. Find all the tools and information you need to get the conversation started at <https://www.berriencounty.org/1890/Underage-Drinking-Prevention>.

# ALCOHOL

IS THE NUMBER ONE SUBSTANCE BEING USED BY  
**UNDERAGE INDIVIDUALS**

Source: 2021 CDC Youth Behavior Risk Survey

Our last MCRUD partner that we want to highlight is the *Michigan Council on Alcohol Problems (MICAP)*. Alcohol Awareness Month is a great opportunity to get an op published. This year MICAP is working to get an op ed published on .05 BAC. Click [here](#) to access the op ed.

Although MCRUD is dedicated year round to bringing awareness to alcohol issues, we always celebrate alcohol awareness month by having our annual conference, the Shoalition Showcase, during the month of April. This year our conference is Tuesday, April 23 in Lansing. Click [here](#) for more information.

Lastly, MCRUD wants to share the [alcohol awareness month toolkit](#) that PTTC creates every year. There is a lot of good information in the toolkit and we suggest you check it out.

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# Save the Date

Registration:  
**COMING SOON**

## 32ND ANNUAL PARENTING AWARENESS MICHIGAN CONFERENCE



### WHO SHOULD ATTEND:

Individuals who work with parents and families, educators, service providers, school personnel, parent networks, coalition members, parent leaders, volunteers and anyone interested in parenting.

### WHAT TO EXPECT:

Provides attendees with learning opportunities about relevant issues, programs, and resources related to parents and families.

### CONTINUING EDUCATION UNITS AVAILABLE:

Pending approval CEUs from  
Social Work  
MCBAP  
CFLE

The James B. Henry Center for Executive Development  
3435 Forest Rd, Lansing, MI 48910 (parking address)

**NOV**

**8<sup>th</sup>**

**2024**

For questions contact PAM Coordinator Sara Kirkpatrick  
[sarak@preventionnetwork.org](mailto:sarak@preventionnetwork.org)

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# 32ND ANNUAL PARENTING AWARENESS MICHIGAN CONFERENCE



**Registration  
COMING SOON**

## November 8th, 2024

The James B. Henry Center for Executive Development  
3435 Forest Rd, Lansing, MI 48910 (parking address)

### Keynote Speaker **Dr. Jennifer Salerno**



#### **Keynote Presentation "It Takes 2: Professional + Parents To Support Strong Families:**

Parent-child relationships have a strong effect on a child's overall health and wellbeing. Having a trusting, supportive relationship developed in childhood lasting through the teen years is key! Learn evidence-based strategies that you can share immediately to help and support parents in navigating everyday conversations as well as deeper discussions.

#### **Additional Breakout Session "What to Expect When You are Expecting a Teen":**

Is this normal? All parents have thought this about their teen's behaviors, emotions, and actions. This session will dig into development - social, emotional, physical, and cognitive changes in children between 9-19 years. Enhance your understanding and equip yourself with strategies to help parents respond to common "normal" behaviors.

Click below for the following opportunities:

[Exhibitor Space](#)

[Sponsorship](#)

[Present](#)

For questions contact PAM Coordinator, Sara Kirkpatrick [sarak@preventionnetwork.org](mailto:sarak@preventionnetwork.org)

[Exhibitor Space](#)

[Sponsorship](#)

[Request for Proposals](#)

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# Coalition Coordinator Training

**Thursday April 11, 2024  
9AM – 4PM**

Prevention Network  
3815 West St. Joseph St. Ste. A500  
Lansing, MI 48917

- Networking & Recruiting
- Community Engagement
- Meeting Facilitation
- Hosting Community Events
- and More

Registration Fee includes printed course materials, water and coffee, and lunch from Capital City BBQ. You are welcome to bring your own beverage or snacks.

Participants completing the course will receive a Certificate for Completion of 6 MCBAP SUD Specific CEUs.

**Only \$55. Lunch and Training  
Materials included**

Prevention  
Network



REGISTER NOW



Effie Alofoje-Carr  
Program Liaison



Ruth Schwendinger  
Program Director

**6 hrs MCBAP SUD Specific  
CEUs Available**

REGISTER NOW



The Alliance Presents

# The Positive Exists:

Growing Health and Safety in Your Community

*An introduction to The Science of the Positive, Positive Community Norms (PCN), and Positive Childhood Experiences (PCE)*

A Program of the Montana Institute



**REGISTER NOW**

**Thursday, April 18<sup>th</sup>**

9am - 4pm

5505 Corporate Drive • Troy, Michigan  
Conference Room



Federal, State, and/or County funding has been provided through the Oakland Community Health Network - Office of Substance Use Disorders to support the project costs.

[REGISTER HERE](#)

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# Time for Rx Spring Cleaning!

Clean out your **unused, expired, or unwanted medications** at the DEA Take Back

**Detroit/Highland Park Locations ONLY:  
April 20, 2024 @ 10:00am-2:00pm**

Drop-off at one of these locations:



DPD 2nd Precinct  
13530 Lesure St.

DPD 9th Precinct  
11187 Gratiot

DPD 3rd Precinct  
2875 W. Grand Blvd.

DPD 10th Precinct  
12000 Livernois

DPD 4th Precinct  
4700 W. Fort St.

DPD 11th Precinct  
5100 Nevada Ave.

DPD 5th Precinct  
3500 Conner St.

DPD 12th Precinct  
1441 W. Seven Mile

DPD 6th Precinct  
11450 Warwick St.

Highland Park Police  
Administrative Office  
13233 Hamilton Ave.

DPD 7th Precinct  
3501 Chene St.

Wayne State University  
Police Department  
6050 Cass Ave.

DPD 8th Precinct  
21555 W. McNichols

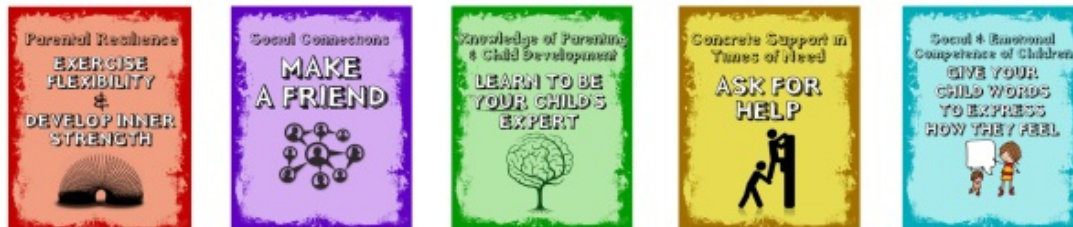




# Bringing the Protective Factors Framework to Life

**April 29, 30, and May 1, 2024**  
12 p.m. - 3:30 p.m. | Char-Em ISD, Boyne City

The Strengthening Families Protective Factors framework is a research-based approach to preventing child abuse and neglect, strengthening families, and promoting optimal child development. Participants will learn about 5 Protective Factors that build strong families and 7 everyday strategies that will change how they work with families and improve outcomes for children.



## AUDIENCE

Who should attend?

- Child Welfare Professionals
- Community Leaders
- Early Childhood Educators
- Family Support Professionals
- Nurses
- Healthcare Workers
- Parent Leaders
- Social Workers



*SCECHs will be provided pending approval.*

## COST

- No cost for participants that live and/or work in Charlevoix, Emmet or Antrim counties
- Includes materials

## CORE CONTENT

- Overview of Adverse Childhood Experiences (ACEs) study and impact
- Introduction to the Strengthening Families Protective Factors framework
- In-depth knowledge of each Protective Factor
- Activities and real-life parent stories that emphasize and document the power of building Protective Factors
- Strategies to move participants from knowledge to action



## REGISTRATION

To register, scan the QR Code or visit:  
[GREATSTARTCOLLABORATIVE.ORG/EVENTS-TRAINING](https://GREATSTARTCOLLABORATIVE.ORG/EVENTS-TRAINING)  
You must commit to all three days to register.



## QUESTIONS


For more information, contact Savanah Cool at  
231.373.2914 or [cools@charemisd.org](mailto:cools@charemisd.org).



*This training is hosted by the Great Start Collaborative and supported by funds from a grant provided by the Michigan Department of Lifelong Education, Advancement, and Potential*

*McLaren Northern Michigan is approved as a provider of nursing continuing professional development by the Wisconsin Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91)*





# **2024 Michigan Higher Education Network (MIHEN) Conference**

## **Internal and External Partnerships Within Higher Education**

**Save the Date! June 13, 2024**

**9:30 a.m. – 4 p.m. (registration at 9 a.m.)**

**The Michigan School of Psychology – Farmington Hills, MI**

This year's MIHEN Conference is focused on internal and external partnerships within college campuses. Looking at recovery, prevention, and treatment in higher education through a partnership lens allows professionals to better support students and meet the needs of those who are underrepresented. Save the date and time to join the conversation!

**Who Should Attend?** Michigan Higher Education Network members, collegiate substance use prevention and treatment professionals, Pre-Paid Inpatient Health Plan (PIHP) directors and staff, coalitions and prevention partners working with colleges/universities.

**Registration Fee: \$40/\$30 for students**

Registration details and conference agenda available soon!

Questions? Contact [jhammond@cmham.org](mailto:jhammond@cmham.org)

Michigan Department of Health and Human Services (MDHHS), through the Community Mental Health Association of Michigan (CMHA), has provided funding for this initiative through Federal Community Substance Use Prevention, Treatment and Recovery Support Block Grant.



**MATERNAL INFANT  
HEALTH SUMMIT**

**REGISTER  
TODAY!**



June 17-18  
**2024**  
LANSING CENTER



Visit [MIHealthSummit.com](https://MIHealthSummit.com) for more information.

## **MICHIGAN STATE UNIVERSITY** | **Extension**

### **Michigan State University Extension Child and Family Development April Offerings**

#### **Extension Extra's Parenting Hour**

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

- Class dates:
- 4/02/2024: Positive Discipline
- 4/09/2024: Parenting in the Digital Age Part 1 (children 0-8 years old)
- 4/16/2024: Importance of Outdoor Play
- 4/23/2024: Parenting in the Digital Age Part 2 (children 9-17)
- Class Times: 8:00PM to 9:30PM

[Register Here](#)

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### **Parenting Series**

#### **Guiding Principles for Highly Successful Parenting**

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five-week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent.



Certificates of attendance are available.

- Class Dates: Mondays, March 18, March 25, April 1, 8, 15
- Class Times: 7:30pm-9:00pm ET

[Register Here](#)

## **NEXT SESSION Guiding Principles for Highly Successful Parenting:**

- Class Dates: Mondays, April 22, 29, May 6, 13, 20
- Class Times: 7:30pm-9:00pm ET

[Register Here](#)

## **Kinship Caregiver Classes**

Kinship Caregiver classes are targeted to relatives caring for another relative's children.

### **Workshop:**

- 4/10/2024: Parenting in the Digital Age
- Class Time: 7:00PM to 8:30PM

[Register Here](#)

## **The Parent Talk System**

Do you feel like your children aren't listening to you? Do you find yourself constantly repeating yourself trying to gain compliance? This 6 week series is for parents of children of all ages and is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. Topics include eliminating unwanted behavior, setting limits, teaching about consequences, giving effective feedback, promoting independence, and developing character. Certificates of attendance are available.

- **Class dates:** April 5, 12, 19, 26, May 3, May 10
- **Class times:** 11:30am-1:00pm ET

[Register Here](#)

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## **Early Childhood Professional Development Classes**

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

**Title: Setting the Stage: Promoting Social-Emotional Health in Young Children**

- **Class Date:** April 18<sup>th</sup>, 2024
- **Class Time:** 7:00PM to 8:30PM

[Register Here](#)

**Title: ABC's of Early Literacy**

- **Class Date:** April 26<sup>th</sup>, 2024
- **Class Time:** 1:00PM to 2:30PM

[Register Here](#)

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April 12 - Inclusion: FAPE in the LRE with Stephanie Nicholls from 12:00pm-1:30pm.

[Register Here](#)

April 16 - Assistive Technology: More than Checking a Box with Sara Pericolosi from 6:30pm-7:30pm. [Register Here](#)

April 19 and 26 - Behavior is Communication with Sally Burton-Hoyle from 1:00pm-2:30pm. [Register Here](#)

April 23 - How to Have Collaborative Assistive Technology Conversations with Sara Pericolosi from 6:30-7:30pm. [Register Here](#)

April 25 - Self-Determination in the IEP with Karen Wang & Stephanie Nicholls from 12:00pm-1:30pm. [Register Here](#)

April 29 - IEP: A Closer Look with Andrea Beachnau from 12:00pm-1:30pm. Register at [Register Here](#)

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And feel free to make a donation to help continue providing free resources [click here](#)

