



June 2024 Promoting Positive Parenting

M*Parenting Awareness*
MICHIGAN

PAM hopes to provide you with education and resource materials for those doing important work with parents and families in your community on various topics to raise awareness around parenting issues.

Mark Your Calendar

2024 Upcoming Events

- Pride Month
- 3rd Annual Michigan Tribal Prevention Conference - June 4th & 5th
- MIHEN Conference - June 13, 2024
- June 16th - Fathers Day
- [Maternal Infant Health Summit - June 17th & 18th, 2024, Lansing MI](#)
- Michigan SUD Prevention Coalition Conference - July 25th, 2024, Suburban Showplace, Novi, MI
- PAM Conference - November 8th, 2024, East Lansing, MI

Have an event to add to this calendar? Email Sara (sarak@preventionnetwork.org) and we will make sure it is added.

Have an event coming up? Want to celebrate your amazing achievements or recognize someone doing great work with parents and families? Email sarak@preventionnetwork.org to be included in the next edition of "PAM Spotlights" or follow this link ["PAM Spotlights"](#) to fill out the form.

"PAM Spotlights"



Prevention Plus Wellness (PPW), LLC, headquartered in St. Augustine, Florida, is a family-run nation-wide education business providing brief evidence-based multi-health behavior youth, young adult and adult programs, parent programs and multi-media campaigns for improving the mental and physical wellness of individuals and communities.

PPW's "whole-health" programs address multiple co-occurring health risks in single interventions addressing alcohol, marijuana, e-cigarette, or opioid and fentanyl use, as well as physical inactivity, poor nutrition, lack of sleep and daily stress.

Our one-session Screening and Brief Interventions (SBIs), including Screening, Brief Intervention & Referral to Treatment (SBIRT) interventions and parent training programs, are a perfect solution to providing effective prevention in busy schools, organizations, clinics, and communities, as well as a cost-effective strategy for motivating youths' healthy habit and identity development through built-in multi-behavior goal setting and monitoring.

PPW program manuals include easy-to-follow scripted protocols to provide to youth and adults individually and in groups.

Online and paper pretest and posttest and instructor's surveys allow providers to monitor program fidelity and effectiveness and online self-paced program implementer courses permit facilitator training at their convenience.

How Parents Can Prevent Youth Substance Use & Promote Their Healthy Behaviors



Prevention Plus Wellness (PPW) Parent programs are our original evidence-based youth programs adapted for presentation to parents and caregivers.

These include programs to prevent marijuana, e-cigarette, alcohol, and opioid use/misuse among young people.

Each PPW Parent program consists of a one-session PowerPoint-driven workshop for parents/caregivers presented by a prevention and health professional or trained parent.

PPW Parent programs are designed to help parents/caregivers gain the knowledge, confidence, and skills to provide brief multiple health behavior messages and goal planning experiences for their youth which address substance use prevention and wellness behavior promotion.

Each PPW Parent program includes:

- **PowerPoint training slides with notes,**
- **Instructor directions, and**
- **Parent guide** to present to parents and caregivers in your organization or region.

A convenient and brief online self-paced training course is available for individuals who wish to provide PPW Parent program workshops in their community.

To request a program sample to review: info@preventionpluswellness.com or call: (904) 472-5022. For more information, go to: <https://preventionpluswellness.com>





Celebrate Pride Month -
[Find Events and
Activities Here](#)



HAPPY *Father's Day*

Happy Father's Day to all the
dads and male caregivers! We
couldn't do any of this without
you!

Save the Date

Registration:
COMING SOON

32ND ANNUAL PARENTING AWARENESS MICHIGAN CONFERENCE



WHO SHOULD ATTEND:

Individuals who work with parents and families, educators, service providers, school personnel, parent networks, coalition members, parent leaders, volunteers and anyone interested in parenting.

WHAT TO EXPECT:

Provides attendees with learning opportunities about relevant issues, programs, and resources related to parents and families.

CONTINUING EDUCATION UNITS AVAILABLE:

Pending approval CEUs from
Social Work
MCBAP
CFLE

The James B. Henry Center for Executive Development
3435 Forest Rd, Lansing, MI 48910 (parking address)

NOV

8th

2024

For questions contact PAM Coordinator Sara Kirkpatrick
sarak@preventionnetwork.org

32ND ANNUAL PARENTING AWARENESS MICHIGAN CONFERENCE



**Registration
COMING SOON**

November 8th, 2024

The James B. Henry Center for Executive Development
3435 Forest Rd, Lansing, MI 48910 (parking address)

Keynote Speaker **Dr. Jennifer Salerno**



Keynote Presentation "It Takes 2: Professional + Parents To Support Strong Families:

Parent-child relationships have a strong effect on a child's overall health and wellbeing. Having a trusting, supportive relationship developed in childhood lasting through the teen years is key! Learn evidence-based strategies that you can share immediately to help and support parents in navigating everyday conversations as well as deeper discussions.

Additional Breakout Session "What to Expect When You are Expecting a Teen":

Is this normal? All parents have thought this about their teen's behaviors, emotions, and actions. This session will dig into development - social, emotional, physical, and cognitive changes in children between 9-19 years. Enhance your understanding and equip yourself with strategies to help parents respond to common "normal" behaviors.

Click below for the following opportunities:

[Exhibitor Space](#)

[Sponsorship](#)

[Present](#)

For questions contact PAM Coordinator, Sara Kirkpatrick sarak@preventionnetwork.org

[Exhibitor Space](#)

[Sponsorship](#)

[Request for Workshop Proposals](#)

PAM Conference Sponsorship

Opportunities

Your sponsorship supports educational opportunities on positive parenting, enables collaborative partnerships among parenting advocates, and provides pre-conference publicity and networking opportunities.

Bronze Sponsor \$100 - \$999 :

Verbal recognition given during the conference

Silver Sponsor \$1,000 - \$2,999 :

One conference registration, including one exhibit space at the conference

Name and logo will appear at the conference, website, and social media

Verbal recognition given during the conference



Gold Sponsor \$3,000 - \$4,999 :

Two conference registrations, including one exhibit space at the conference

Name and logo will appear at the conference, website, and social media

Verbal recognition given during the conference



Platinum Sponsor \$5,000 + :

Three conference registrations, including one exhibit space at the conference

Name and logo will appear on the conference program, website, and social media

Name or logo could appear on promotional items

Verbal recognition given during the conference

Contact Sara Kirkpatrick at sarak@preventionnetwork.org

3RD ANNUAL MICHIGAN TRIBAL PREVENTION CONFERENCE

JUNE 4-5, 2024

KEWADIN CASINO & CONVENTION CENTER
SAULT STE. MARIE, MICHIGAN

Day 1 (June 4) - 9:00am - 4:45pm - Speakers Include :



Hunter Genia
"Prevention is Everyone's
Business"



Dr. Jason Burrow-Sanchez
"Adolescent Vaping: The
"Why" and "What"



Dr. Danielle Pagat, PsyD & Heather Medicine Bear, MPH
"Cultivating Wellness: Unveiling the Complexities of
Tobacco Use Among Indigenous Peoples"



Day 2 (June 5) - 9:00am - 12:00pm - Speakers Include :

Andrew J. Schreier
"Gambling Among
Substance Use
Populations"




O'Nesha Cochran-Dumas
"Harm Reduction from a
Peer Perspective"

1.5 day conference designed to strengthen the prevention & recovery capacity of tribal communities - focus on prevention for substance misuse & related issues. Participants earn up to 12 MCBAP CEU(s) for attending! Open to professionals & community members - tribal affiliation not required to attend!

NO COST TO ATTEND - Registration is Limited to the first 150 participants!
use link <https://www.surveymonkey.com/r/XGQHKR8> to register!

Host Hotel - Kewadin Casino, Sault - Room Code is 25525 - call 1-800-539-2346 to book!

HOSTED BY: INTER-TRIBAL COUNCIL OF MICHIGAN, INC.
ANISHNAABEK STRATEGIC PREVENTION FRAMEWORK INITIATIVE
EVENT CONTACT - CODY JODOIN - CJODOIN@ITCMI.ORG



2024 Michigan Higher Education Network (MIHEN) Conference

Internal and External Partnerships Within Higher Education

Save the Date! June 13, 2024

9:30 a.m. – 4 p.m. (registration at 9 a.m.)

The Michigan School of Psychology – Farmington Hills, MI

This year's MIHEN Conference is focused on internal and external partnerships within college campuses. Looking at recovery, prevention, and treatment in higher education through a partnership lens allows professionals to better support students and meet the needs of those who are underrepresented. Save the date and time to join the conversation!

Who Should Attend? Michigan Higher Education Network members, collegiate substance use prevention and treatment professionals, Pre-Paid Inpatient Health Plan (PIHP) directors and staff, coalitions and prevention partners working with colleges/universities.

Registration Fee: \$40/\$30 for students

Registration details and conference agenda available soon!

Questions? Contact jhammond@cmham.org

Michigan Department of Health and Human Services (MDHHS), through the Community Mental Health Association of Michigan (CMHA), has provided funding for this initiative through Federal Community Substance Use Prevention, Treatment and Recovery Support Block Grant.

Click on the flyer to register!



**PREVENTION NETWORK PRESENTS
THE INAUGURAL**

Michigan SUD Prevention Coalitions Conference

Theme:
R.I.C.H. Coalitions
Respect, Inform,
Connect, Hope

Who should be there? You!

Substance misuse prevention coalition leaders, members, volunteers and professionals encouraged to attend.

Why should you attend?

This dynamic one-day conference will target respecting diverse perspectives, help you stay informed and connected with coalition resources, and inspire hope by celebrating coalition work in Michigan.

Featured Speakers:



Beverly Watts-Davis

Chief Officer for Program Support and Senior Vice President of Texas for WestCare Foundation



Albert Gay

Coalition Coach and Training and Technical Assistance Provider



Joel Hoepfner

Training and Technical Assistance Consultant

Join Us:

- Thursday, July 25, 2024
- 8:00 am - 5:00 pm
- Suburban Collection Showplace
46100 Grand River Ave, Novi,
MI 48374



Price:

- Ticket Price: \$65 (6.5 MCBAP SUD and Social Work CEUs pending)

Questions?

Contact:

EffieA@preventionnetwork.org



REGISTER NOW

Click on the flyer to register!



MATERNAL INFANT
HEALTH SUMMIT

REGISTER
TODAY!



June 17-18
2024
LANSING CENTER



Visit MIHealthSummit.com for more information.

MICHIGAN STATE UNIVERSITY | Extension

Michigan State University Extension Child and Family Development May Offerings

Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

Class dates:

- 06/04/2024: Together We Can: Co-Parenting
- 06/11/2024: Essential Skills for Learning and Life
- 06/18/2024: Introduction to Positive and Adverse Childhood Experiences
- 06/25/2024: How Children Develop
- Class Times: 8:00PM to 9:30PM

[Register Here](#)

Parenting Series

Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five-week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

- **Class Dates:** Wednesdays, May 29, June 5, 12, 19, 26
- **Class Times:** 11:30am-1:00pm ET

[Register Here](#)

Kinship Caregiver Classes

Kinship Caregiver classes are targeted to relatives caring for another relative's children.

6/12/2024: Mindfulness for Children

- **Class Time:** 7:00PM to 8:30PM

[Register Here](#)

Building Strong Adolescents

Are you wondering how to help your teen succeed? How to have tough conversations? Or how to set limits while still encouraging independence? This 5-week series for caregivers of youth 9 and up will address strategies to promote growth and success, including setting limits and using consequences, encouraging positive friendships, fostering independence, building self-worth, discussing substance use and sex, and helping your teen value education and plan for the future. Certificates of attendance are available.

- **Class dates:** May 31, June 7, 14, 21, 28
- **Class times:** 11:00am-1:00pm ET

[Register Here](#)

The Parent Talk System

Do you feel like your children aren't listening to you? Do you find yourself constantly repeating yourself trying to gain compliance? This 6 week series is for parents of children of all ages and is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. Topics include eliminating unwanted behavior, setting limits, teaching about consequences, giving effective feedback, promoting independence, and developing character. Certificates of attendance are available.

- **Class dates:** May 16, 23, 30, June 6, 13, 20
- **Class times:** 7:30pm-9:00pm ET

[Register Here](#)

Building Early Emotional Skills

Are you having trouble with biting, tantrums or the "terrible twos?" Building Early Emotional Skills (BEES) is a four-week class for primary caregivers of children 0-3 that teaches about how young children develop social emotional skills and helps give caregivers skills to deal with the stress of caring for children and to help their children develop strong social emotional skills. BEES will help you learn about your child's temperament and stress, your triggers and how to manage them, being reflective about feelings and emotion coaching, reducing biting, conflict and frustration, handling tantrums, and building a solid foundation for tomorrow.

- Class dates: Mondays, June 3, 10, 17, 24
- Class times: 8:00pm-9:30pm ET

[Register Here](#)

Early Childhood Professional Development Classes

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

Title: Learning to Talk

- Class Date, June 20, 2024
- Class Time: 7:00PM to 8:30PM

[Register Here](#)

Title: Understanding a Toddler's World

- Class Date, June 28, 2024
- Class Time: 1:00PM to 2:30PM

[Register Here](#)



Offered in partnership with [Disability Network Southwest Michigan](#), Paving the Way to Self Determination is a series of workshops for families and their children with developmental disabilities (ages birth-12) to develop skills that

lead to self-determined lives. Register with [DNSWM](#). Topics include:

June 4 [Instilling Disability Pride in Your Child](#)

June 6 [Positive Behavior Intervention Strategies](#)

June 11 [Understanding Social Security Benefits](#)

June 19 [Preparing Your Child for Employment LONG Before Employment](#)

June 11 IEP: A Closer Look with Stephanie Nicholls from 6:30pm-8:00pm. [Register Here](#)

June 24 Transition: Employment Expectations with Karen Wang from 12:00pm-1:30pm. [Register Here](#)



Prevention Network/Parenting Awareness Michigan (PAM)
preventionnetwork.org/pam | 517-393-6890

And feel free to make a donation to help continue providing free resources [click here](#)

Prevention Network

