

Hello, April!



MIHEN Monthly Newsletter

This newsletter will help summarize a lot of the great new things the MIHEN has been working on just for you. As always, if you have any feedback please [email](#) or call {517-393-6890}. Have a wonderful month.

New this month...

1. Alcohol Awareness Month

- April is National Alcohol Awareness Month! Alcohol Awareness Month encourages community organizations to host events that increase public awareness and educate people about the treatment and prevention of alcohol.
- This year's theme is "For the Health of It: Early Education on Alcoholism and Addiction". For more information and how to get involved, view these websites below:
 - [CADCA: Get Involved in Alcohol Awareness Month](#)
 - [PTTC: Alcohol Awareness Toolkit: #ProofsInTheNumbers](#)

2. Collegiate Recovery Day

- Collegiate Recovery Day is on **April 15!** Each year on this day, we celebrate the founding of the Association of Recovery in Higher Education (ARHE). This year we are celebrating 13 years!
- #WearPurple on April 15 to support Collegiate Recovery!
- For more information and how to get involved, visit [ARHE](#).

3. Take Back Day

- **Saturday, April 22** is the next DEA National Prescription Drug Take Back Day! This is a day that reflects DEA's commitment to Americans' safety and health, by

encouraging the public to remove unneeded medications from their homes as a measure of preventing medication misuse and opioid addiction from ever starting.

- For more information and to find a collection site near you, view here: [DEA Take Back Day](#)

4. DEA Reports Widespread Threat of Fentanyl Mixed with Xylazine

- The U.S. DEA is warning the American public of a sharp increase in the trafficking of fentanyl mixed with xylazine. Xylazine, which is also known as "Tranq", is a powerful sedative that the U.S. Food and Drug Administration has approved for veterinary use.
- For more information, view here: [DEA Public Safety Alert](#)

5. MIHEN Meeting Minutes

- It was great seeing some of you at the MIHEN meeting last month! I will be attaching the meeting minutes below.
- [MIHEN Meeting Minutes 3.9.23](#)

Public Health Research from the Last Month...

[Predictors of Discontinued E-Cigarette Use at One-Year Follow-Up in a Sample of Young Adults](#)

Higher Education Center

[The Biden-Harris Administration Takes Critical Action to Make Naloxone More Accessible and Prevent Fatal Overdoses from Opioids Like Fentanyl](#)

[DEA Reports Widespread Threat of Fentanyl Mixed with Xylazine](#)

Campus Drug Prevention

Upcoming Events...

- Alcohol Awareness Month - all April
- National Public Health Week - April 3-9
- Collegiate Recovery Day - April 15
- MIHEN Conference - June 16



Thank you for your participation in the MIHEN. Please contact me at {alexw@preventionnetwork.org} or {517.393.6890} if you have any suggestions to further improve the network.

Best, Alex



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