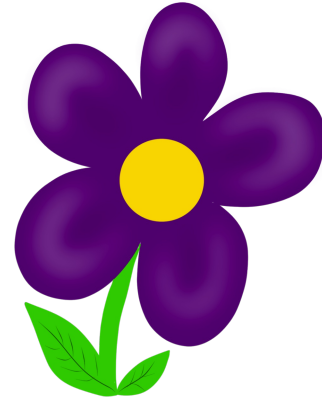


Hello, April!



MIHEN Monthly Newsletter

This newsletter will help summarize a lot of the great new things the MIHEN has been working on just for you. As always, if you have any feedback, please [email](#) or call {517-393-6890}. Have a wonderful month.

New this month...

1. Alcohol Awareness Month

- This [Alcohol Awareness Month](#) is a great opportunity to update your knowledge about alcohol, alcohol use disorder, and their impacts on health and society. In the United States, more than 140,000 people per year die from alcohol misuse, making it one of the leading causes of preventable deaths. Alcohol misuse is linked to more than 200 disease and injury-related conditions, meaning alcohol misuse contributes substantially to health care costs and lost productivity and affects people's health in ways that they may not realize.
- During Alcohol Awareness Month, you can also find information across the [NIAAA website](#) to learn more about how NIAAA supports research and initiatives to generate and disseminate fundamental knowledge about the effects of alcohol on health and well-being.

2. Collegiate Recovery Week: April 15-19

- Every year in April, Collegiate Recovery Programs, staff and students come together to recognize collegiate recovery. It is an opportunity to highlight a growing field that supports students in or seeking recovery.
- Collegiate Recovery Week is an opportunity to host events on campus, celebrate the joys of recovery, share stories, and uplift one another through community. Learn more about Collegiate Recovery Week on [The Association of Recovery in Higher Education \(ARHE\) website](#)

3. National Public Health Week: April 1-7

- During the first week of April each year, the American Public Health Association (APHA) brings together communities across the United States to observe National Public Health Week as a time to recognize contributions of public health and to highlight issues that are important to improving our nation's health.
- For more information and how to get involved, view here: [National Public Health Week](#)

4. MIHEN Conference Save the Date

- The MIHEN Conference is coming up! Save the date for June 13 at the Michigan School of Psychology in Farmington Hills, MI. Share this out with your networks! Registration will be out soon.
- [MIHEN Conference Save the Date](#)

5. MIHEN Meeting Minutes

- It was great to see some of you at the last MIHEN meeting! The meeting minutes are below. If you have any questions, please don't hesitate to reach out!
- [MIHEN Meeting Minutes 3.14.24](#)

Public Health Research from the Last Month...

Stimulant Misuse in First-Year College Students

Campus Drug Prevention

College Students' Prescription Drug Misuse Over Time and Links with Their Mental Health and Well-Being

Higher Education Center

Daily Stress, Drinking Motives and Alcohol Co-Use with Other Drugs

Higher Education Center

Upcoming Events...

- Alcohol Awareness Month - all April
- National Public Health Week - April 1-7
- Collegiate Recovery Week - April 15-19
- MIHEN Conference - June 13



Thank you for your participation in the MIHEN. Please contact me at {alexw@preventionnetwork.org} or {517.393.6890} if you have any suggestions to further improve the network.

Best, Alex



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