

# Hello, April!



## MIHEN Monthly Newsletter

This newsletter will help summarize a lot of the great new things the MIHEN has been working on just for you. As always, if you have any feedback, please [email](#) or call {517-393-6890}. Have a wonderful month.

New this month...

### 1. Alcohol Awareness Month

- April is Alcohol Awareness Month. This is a time to raise awareness and understanding of alcohol use and misuse and can offer communities a chance to gain more understanding of how individuals struggle with alcohol use and offer resources and support. For more information and how to get involved, view [here](#).
- View the proclamation from Governor Gretchen Whitmer [here](#).

### 2. National Public Health Week: April 7-13

- During the first week of April each year, the American Public Health Association (APHA) brings together communities across the United States to observe National Public Health Week, a time to recognize public health contributions and highlight issues that are important to improving our nation's health.
- For more information and how to get involved, view here: [National Public Health Week](#)

### 3. Collegiate Recovery Week: April 14-18

- Collegiate Recovery Week and 15 years of the Association of Recovery in Higher Education (ARHE) is April 14-18! This year's theme is "15 Years of Growth: Rooted

in Support, Branding into the Future". The week is dedicated to honoring the community's commitment, resilience, and achievements as we reflect on 15 years. Collegiate Recovery Week is a great opportunity to host events on campus, celebrate the joys of recovery, share stories, and uplift one another through community.

- For more information and how to get involved, view [here](#).

## 4. MIHEN Survey

- Your feedback is essential in shaping the future of the Michigan Higher Education Network (MIHEN). By taking just 10 minutes or less, you can help us improve our resources, events, and the work being done to support colleges and universities across Michigan. This survey is completely anonymous.
- Fill out the survey here: [MIHEN 2025 Survey](#)

## 5. MIHEN Meeting

- It was great to see some of you at the last MIHEN meeting! The meeting minutes are below. If you have any questions, please don't hesitate to reach out.
- [MIHEN Meeting Minutes 3.13.25](#)

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### Public Health Research from the Last Month...

[What You Should Know About Cannabis  
Use Among College Students](#)  
DEA

[What You Should Know About Impaired  
Driving Among College Students](#)  
DEA

[What You Should Know About Prescription  
Drug Misuse Among College Students](#)  
DEA

### Upcoming Events...

- Alcohol Awareness Month - **all April**
- National Public Health Week - **April 7-13**
- Collegiate Recovery Week - **April 14-18**
- MIHEN Conference - **June 12**
- Coalitions Conference - **June 24**



Thank you for your participation in the MIHEN. Please contact me at {alexw@preventionnetwork.org} or {517.393.6890} if you have any suggestions to further improve the network.

Best, Alex



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