

Hello, February!



MIHEN Monthly Newsletter

This newsletter will help summarize a lot of the great new things the MIHEN has been working on just for you. As always, if you have any feedback, please [email](#) or call {517-393-6890}. Have a wonderful month.

New this month...

1. MIHEN Subawards

- Subawards offered through the MIHEN are now available!! The MIHEN will provide subawards with up to \$500 to 5 different colleges/universities/organizations on a first-come, first-serve basis. These funds must be utilized to prevent substance misuse on college campuses. Applications are due ***no later than March 25*** or until funds are exhausted, whichever comes first. Attached below is the scoring rubric and the subawards breakdown with more details. The application can be found here: <https://www.surveymonkey.com/r/WL329ZB> If you have any questions, please don't hesitate to reach out!
- [**MIHEN Subawards Breakdown**](#)
- [**MIHEN Scoring Rubric**](#)

2. MIHEN Conference

- Save the date for this year's MIHEN Conference! This year's conference is on **June 13** at the Michigan School of Psychology in Farmington Hills, MI.
- We are still looking for one more presentation on internal partnerships within higher education. If you or anyone you know would be interested in presenting, please fill out this [form](#) and email it back to me ASAP.

3. Request for Information Regarding Mental Health and

Substance Use Disorder Needs in Higher Education

- The U.S. Department of Education is requesting comments regarding information, research, and suggestions for supporting student mental health and/or substance use disorder needs in higher education. Please take the time to look through this and make comments. Comments are due by **February 25**.
- [Request for Comments](#)

4. Well-Being in Higher Education: Raising Literacy and Advancing the Conversation

- A series of free virtual events will take place from **February 26 - March 1**. Over 20 associations are collaborating with a goal to raise literacy for well-being among higher education professionals and to advance conversation among colleagues on and across campuses.
- For more information, view here: [Well-Being in Higher Education](#)

5. NASPA Conference Summary

- I had the privilege of attending the NASPA Conference last month and wanted to share with everyone a one-pager outlining the sessions I attended, along with some new information I can bring to the MIHEN. If you have any questions or want more information on any of the sessions, let me know!
- [2024 NASPA Conference Write-Up](#)

Upcoming Events...

Public Health Research from the Last Month...

[Student-Athletes Report Drop in Binge Drinking, Use of Narcotic Pain Medication and Spit Tobacco](#)
Campus Drug Prevention

[MODA December 2023 Overdose Report](#)

[Nonmedical Use of Prescription Stimulants and Nicotine Among Community College Students](#)
Campus Drug Prevention

- Black History Month - all February
- National Black HIV/AIDS Awareness Day - **February 7**
- Valentine's Day - **February 14**
- Presidents' Day - **February 19**
- MIHEN Meeting - **March 14**
- MIHEN Conference - **June 13**



Thank you for your participation in the MIHEN. Please contact me at alexw@preventionnetwork.org or [517.393.6890](tel:517.393.6890) if you have any suggestions to further improve the network.

Best, Alex



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