

JULY 2026

MIHEN Monthly Newsletter



New this month...

1. 2026 MIHEN Conference - There is still time to register!

- **Theme:** Addressing Substance Misuse and Gambling in Higher Education
- **Location:** Virtual (CMHAM Zoom)
- **Date:** Wednesday, July 29th
- **Time:** 9:00 am – 3:00 pm
- **Description:** The Michigan Higher Education Network (MIHEN) provides colleges and universities with the tools, resources, and support to launch alcohol and drug misuse prevention and recovery programs on their campuses. The 2026 MIHEN Conference will bring together college and university behavioral health staff, community organizations, coalitions, and substance misuse prevention providers to gain knowledge in addressing substance misuse and gambling in Institutes of Higher Education.

[Register Here](#)

2. MIHEN Webinar - Registration Open

[Health & Poison Related Risks Related to Substance Use: "Need to Know" Program for Young Adults](#), August 18, 2026, 1:00 - 2:00 PM, 1 MCBAP Specific CEU

Description: The Michigan Poison & Drug Information Center's "Need to Know" (NTK) Program provides vital information on the effects of substance misuse among young adults, who report the highest cases of intentional misuse to poison centers. Recent trends include cannabis, nicotine-containing products, opioids, medication misuse, and unregulated product misuse. To combat these issues, we monitor trends to help raise awareness and develop prevention strategies. This evidence-based initiative incorporates social and emotional learning (SEL) principles to reduce substance misuse and the risk of recurrence among young adults.

3. Register now for the SPF Application for Prevention Success Training (SAPST)

The SPF Application for Prevention Success Training (SAPST) introduces the fundamentals of substance use prevention based on the current knowledge and practice in the field. This training is designed to prepare practitioners to reduce the likelihood of substance use and promote well-being among individuals and within families, workplaces, schools, and communities. While the focus is primarily on preventing alcohol, tobacco, and drug abuse, the approach to prevention presented in this training applies to other behavioral health issues as well.

August 17 – 20, 2026 – **IN PERSON**

The Graduate Hotel by Hilton

East Lansing, Michigan

8:00 a.m. – 4:30 p.m.

[Register Here for the In-Person SAPST](#)

4. Help Save Lives on Save a Life Day

On September 24, 2026, communities across the country will participate in [Save a Life Day](#), the nation's largest annual naloxone distribution event.

NAADAC encourages addiction professionals, peer recovery specialists, counselors, and treatment providers to get involved by helping expand access to naloxone and overdose prevention education.

Ways to participate:

- Host a local event
- Volunteer in your community
- Distribute naloxone and overdose response information

Learn more and sign up at the [Save A Life Day website](#).

5. MIHEN Meeting

- The next MIHEN meeting will be on **Thursday, August 14, from 1:00 pm - 2:00 pm. A calendar invite has been sent to the network! Let me know if you do not have it, and I will make sure to add you. I look forward to seeing you there.**

Public Health Updates/Publications from the Last Month...

- [FDA Clears Zyn: Nicotine Pouches](#)
- [DEA to Temporarily Schedule 7-OH and Related Substances to Protect Public Safety](#)

Upcoming Events...

- MIHEN Conference VIRTUAL, July 29, 2026
- MIHEN Webinar, August 18, 2026, 1:00 pm
- [NAADAC Annual Conference](#), August 29-31, 2026
- [SAVE A LIFE DAY](#), September 24, 2026
- [27th Annual Substance Use and Co-Occurring Disorder Hybrid Conference](#), September 27 - 29, 2026, Lansing, MI

Thank you for your participation in the MIHEN.



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[Prevention Network Homepage](#)



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