

Hello, March!



MIHEN Monthly Newsletter

This newsletter will help summarize a lot of the great new things the MIHEN has been working on just for you. As always, if you have any feedback please [email](#) or call {517-393-6890}. Have a wonderful month.

New this month...

1. National Drug and Alcohol Facts Week: March 21st-27th

- National Drug and Alcohol Facts Week (NDAFW), is an annual, week-long, health observance that inspires dialogue about the science of drug use and addiction among youth.
- National Drug and Alcohol Facts Week was launched in 2010 by scientists at the National Institute on Drug Abuse (NIDA) to stimulate educational events in communities so teens can learn what science has taught us about drug use and addiction.
- NDAFW is observed on the week of **March 21st-27th**. For more information, visit the [National Institute on Drug Abuse](#).

2. Daily Fluctuations in Drinking Intensity: Links with Vaping and Combustible Use of Nicotine and Marijuana

- A study done with a sample of 487 individuals who were participants in the Young Adult Daily Life (YADL) Study showed that among young adults that reported alcohol consumption, nicotine vaping was the most commonly reported linked substance used, followed by cannabis smoking, cannabis vaping, then cigarette smoking.
- Drinking intensity on a given day was positively associated with cigarette smoking, nicotine vaping, and cannabis smoking but not cannabis vaping
- To further read into the study, view here: [Daily Fluctuations in Drinking Intensity: Links with Vaping and Combustible Use of Nicotine and Marijuana](#)

3. DEA Operation Overdrive

- The Drug Enforcement Administration announced a new initiative, Operation Overdrive, that is aimed at combatting the rising rates of drug-related violent crime and overdose deaths plaguing American communities. The first phase of

"Operation Overdrive" is launching in 34 locations across 23 states. For more information, view the fact sheet and press release below.

- [DEA Operation Overdrive Press Release](#)
- [DEA Operation Overdrive Fact Sheet](#)

4. National Public Health Week: April 4th-10th

- National Public Health Week is an annual, week-long event that is held during the first week of April; **April 4th-10th**.
- This years theme is "Public Health is Where You Are"
- Each day during this week, they focus on a particular public health topic. Then, they identify ways everyone can make a difference on that topic
- For more information, visit [National Public Health Week](#)

5. MIHEN Quarterly Meeting: March 9th, 11 am

- The next MIHEN meeting is coming up this week on **March 9th at 11 am!** I will be attaching the meeting agenda, which will include the zoom link. If you have any questions on this please reach out to me. I look forward to seeing everyone!
- [MIHEN Meeting Agenda](#)

Public Health Research from the Last Month...

[A National Study on Drinking Game Behaviors and Related Consequences Among NCAA Student-Athletes: Racial/Ethnic and Sex Differences](#)
Higher Education Center

[Suicides by Drug Overdose Increased Among Young People, Elderly People, and Black Women, Despite Overall Downward Trend](#)
National Institute on Drug Abuse

[College Mental Health Before and During the COVID-19 Pandemic: Results From a Nationwide Survey](#)
National Institutes of Health - Springer Link

Upcoming Events...

- MIHEN Meeting - **March 9th**
- [National Women and Girls HIV/AIDS Awareness Day: March 10th](#)
- [National Native HIV/AIDS Awareness Day: March 20th](#)
- National Drug and Alcohol Facts Week: **March 21st-27th**
- National Public Health Week: **April 4th-10th**
- MIHEN Conference - **June 17th**

Thank you for your participation in the MIHEN. Please contact me at {alexw@preventionnetwork.org} or {517.393.6890} if you have any suggestions to further improve the network.

Best, Alex



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Prevention Network Homepage