

# Hello, March!



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## MIHEN Monthly Newsletter

This newsletter will help summarize a lot of the great new things the MIHEN has been working on just for you. As always, if you have any feedback please [email](#) or call {517-393-6890}. Have a wonderful month.

New this month...

### 1. National Drug and Alcohol Facts Week: March 20-26

- National Drug and Alcohol Facts Week (NDAFW) is an annual, week-long health observance that inspires dialogue about the science of drug use and addiction among youth.
- NDAFW was launched in 2010 by scientists at the National Institute on Drug Abuse (NIDA) to stimulate educational events in communities so teens can learn what science has taught us about drug use and addiction.
- NDAFW will be observed on the week of **March 20-26**. For more information, you can visit the sites below.
  - [National Institute on Drug Abuse](#)
  - [Campus Drug Prevention](#)

### 2. EMS Responses to Opioid Overdoses with Cocaine Involvement

- The illicit drug supply has changed with the onset of the COVID-19 pandemic. The DEA issued a letter on April 6, 2022, describing a national uptick in "mass overdoses", where three or more people experienced an overdose at the same time. They wrote, "Many of the victims of these mass overdose events thought they were ingesting cocaine and had no idea they were in fact ingesting fentanyl".
- A recent data brief highlights a trend in Michigan EMS data - an increase in opioid overdoses involving cocaine. Comparing the rates of EMS responses in Michigan to probable opioid overdose by cocaine involvement, from 2020 to 2022, suggests

increasing use of opioids and cocaine together, intentional or unintentional.

- To view more on this brief, view here: [EMS Responses to Opioid Overdoses with Cocaine Involvement](#)

### 3. Tragedy and Trauma Resources

- It is with a heavy heart that I will be sharing tragedy and trauma resources below. The events that unfolded at Michigan State University on February 13 are tragic and never anything we want to hear about or go through. Below you will find a list of resources you can use for yourself, share with your students, and share with your networks. Please know that I, along with Prevention Network as a whole, are here to support and provide resources as needed. Those who lost their lives and those injured in this horrific incident will forever be in my thoughts. Please don't hesitate ever to reach out.
  - [Tragedy and Trauma Resources](#)
  - [MSU Crisis Response Information](#)
  - [Resources after a Shooting](#)
  - [Community Mental Health - Emergency Services \(Weekdays 9 am to 5 pm\) - 517.346.8318](#)
  - [24-hour Crisis Services](#)
  - [Listening Ear - Crisis Hotline \(10 am to 2 am\) 517.337.1717](#)

### 4. National Public Health Week: April 3-9

- During the first week of April each year, the American Public Health Association (APHA) brings together communities across the United States to observe National Public Health week as a time to recognize the contributions of public health and to highlight issues that are important to improving our nation's health.
- Each day of National Public Health Week focuses on a particular public health topic. They then identify ways each of us can make a difference on that topic.
- For more information and how to get involved, visit [National Public Health Week](#)

### 5. MIHEN Meeting

- The next MIHEN meeting will be this **Thursday, March 9, from 1 pm - 2 pm**. I am looking forward to seeing everyone! You can view the agenda below. Let me know if you have any questions!
- [MIHEN Meeting Agenda 3.9.23](#)

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#### Public Health Research from the Last Month...

[The Guide to the Eight Professional Competencies for Higher Education Substance Misuse Prevention](#)  
Campus Drug Prevention

[Exposure to Pro and Anti-Cannabis Social Media and Teens' and College Students' Intentions to Use Cannabis](#)  
Campus Drug Prevention

[Substance Use and Co-Occurring Mental Disorders](#)

#### Upcoming Events...

- Women's History Month - **all March**
- MIHEN Meeting - **March 9**
- National Women and Girls HIV/AIDS Awareness Day - **March 10**
- National Native HIV/AIDS Awareness Day - **March 20**
- National Drug and Alcohol Facts Week - **March 20-26**
- National Public Health Week - **April 3-9**



Thank you for your participation in the MIHEN. Please contact me at {alexw@preventionnetwork.org} or {517.393.6890} if you have any suggestions to further improve the network.

Best, Alex



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Prevention Network Homepage

