Hello, March!





MIHEN Monthly Newsletter

This newsletter will help summarize a lot of the great new things the MIHEN has been working on just for you. As always, if you have any feedback, please <u>email</u> or call {517-393-6890}. Have a wonderful month.

New this month...

1. MIHEN Subawards

- Subawards offered through the MIHEN are now available!! The MIHEN will provide subawards with up to \$500 to 5 different colleges/universities/organizations on a first-come, first-serve basis. These funds must be utilized to prevent substance misuse on college campuses. Applications are due *no later than March 25* or until funds are exhausted, whichever comes first. Attached below is the scoring rubric and the subawards breakdown with more details. The application can be found here: https://www.surveymonkey.com/r/WL329ZB If you have any questions, please don't hesitate to reach out!
- MIHEN Subawards Breakdown
- MIHEN Scoring Rubric

2. National Drug and Alcohol Facts Week: March 18-24

- National Drug and Alcohol Facts Week (NDAFW) is an annual, week-long health observance that inspires dialogue about the science of drug use and addiction among youth.
- NDAFW was launched in 2010 by the National Institute on Drug Abuse (NIDA) to stimulate educational events in communities.
- NDAFW will be observed on the week of March 18-24. For more information, view here: National Drug and Alcohol Facts Week

3. National Public Health Week: April 1-7

- During the first week of April each year, the American Public Health Association (APHA) brings together communities across the United States to observe National Public Health Week as a time to recognize contributions of public health and to highlight issues that are important to improving our nation's health.
- For more information and how to get involved, view here: <u>National Public Health</u> Week

4. Food Insecurity and Substance Use Among Young College Students in the United States

- A recent study has found evidence to suggest that food insecurity is related to substance use in a sample of young adult college students in the United States.
 Food insecurity was associated with significantly greater odds of having used substances
- For more information, view here: Food Insecurity and Substance Use

5. MIHEN Meeting

- The next MIHEN meeting will be March 14, at 1:00 pm! I am looking forward to seeing everyone! You can view the agenda below. Let me know if you have any questions.
- MIHEN Meeting Agenda 3.14.24

Public Health Research from the Last Month...

Primary Prevention of Prescription
Stimulant Misuse in First-Year College
Students
Campus Drug Prevention

Emerging Drug Alerts: Tianeptine and Liquid Fentanyl
CADCA

Cannabis Use and Academic Performance in College Students: The Role of Procrastination
Higher Education Center

Upcoming Events...

- National Drug and Alcohol Facts Week - March 18-24
- MIHEN Meeting March 14
- National Public Health Week April 1-7
- MIHEN Conference June 13



Thank you for your participation in the MIHEN. Please contact me at {alexw@preventionnetwork.org} or {517.393.6890} if you have any suggestions to further improve the network.

Best, Alex



Alex Wray | Prevention Network 517.393.6890 <u>alexw@preventionnetwork.org</u> <u>https://www.preventionnetwork.org/mihen</u> Prevention Network Homepage

