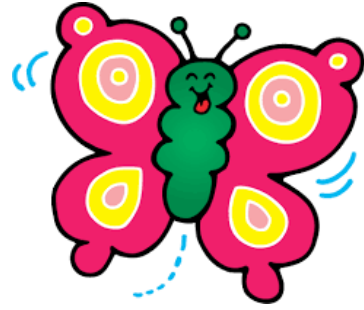


Hello, May!



MIHEN Monthly Newsletter

This newsletter will help summarize a lot of the great new things the MIHEN has been working on just for you. As always, if you have any feedback please [email](#) or call {517-393-6890}. Have a wonderful month.

New this month...

1. National Prevention Week

- National Prevention Week will be held this year from **May 7 - 13**. National Prevention Week is a national public education platform that showcases the work of communities and organizations nationwide dedicated to raising awareness about the importance of substance misuse prevention and positive mental health.
- For more information and how to get involved, view the [SAMHSA website](#).

2. Mental Health Awareness Month

- May is Mental Health Awareness Month! Mental Health Awareness Month was established in 1949 to increase awareness of the importance of mental health and wellness in Americans' lives and to celebrate recovery from mental illness.
- For more information, view the [SAMHSA website](#).

3. MIHEN Conference

- The MIHEN conference will be held on **June 16, from 9 am - 4 pm**, in person at Washtenaw Community College! Registration will be \$50. Registration will be out soon. If you have any questions or need any more information, don't hesitate to reach out to me via email at alexw@preventionnetwork.org or (517) 393-6890.

4. MIHEN Webinar

- The MIHEN is considering hosting an in person webinar. This would be a day long

webinar on Prevention & Wellness ; A State of Michigan Model hosted by John Kroneck. We are wondering if people would be interested in having this in person, or prefer it via zoom. If you would prefer in person, we are wondering how far you would be willing to travel. Please fill out [this form](#) to help give us some more insight.

- If you have any questions please let me know .

5. MIHEN Meeting

- There will be no MIHEN meeting next month. Instead I will *hopefully* see you all in person at the MIHEN Conference at Washtenaw Community College on **June 16!**

Public Health Research from the Last Month...

[Michigan Monthly Overdose Update March 2023](#)

[How Do Mandated College Student Drinkers Characterize Binge Drinking?](#)
Campus Drug Prevention

[Exposure to Media With Alcohol-Related Content Across Young Adulthood: Associations With Risky Drinking and Consequences Among High-Risk 2-and 4-Year College Students](#)
Campus Drug Prevention

Upcoming Events...

- Mental Health Awareness Month - **all May**
- National Fentanyl Awareness Day - **May 9**
- National Prevention Week - **May 7-13**
- MIHEN Conference - **June 16**



Thank you for your participation in the MIHEN. Please contact me at alexw@preventionnetwork.org or {517.393.6890} if you have any suggestions to further improve the network.

Best, Alex



[Prevention Network Homepage](#)

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