

Hello, September!



MIHEN Monthly Newsletter

This newsletter will help summarize a lot of the great new things the MIHEN has been working on just for you. As always, if you have any feedback, please [email](#) or call {517-393-6890}. Have a wonderful month.

New this month...

1. National Recovery Month

- September is National Recovery Month! Recovery Month celebrates the gains made by those in recovery. National Addiction Professionals Day will be celebrated on **September 20**. The 2024 Recovery Month observance will work to promote and support new evidence-based treatment and recovery practices, the emergence of a strong and proud recovery community, and the dedication of service providers and community members across the nation who make recovery in all its forms possible.
- For more information and how to get involved, [view here](#).

2. Michigan Youth Prevention Day

- Join us for the first MI Youth Prevention Day on **September 30, at Michigan League, Ann Arbor, MI**.
- We are calling for universities, colleges, and prevention programs, clubs, and coalitions for a tabling opportunity to showcase YOUR program! The cost to table is free and will be occur at **12:15 pm - 2:30 pm**. The expectations of this tabling opportunity is to bring materials or information related to the field of expertise and/or bring materials or information about the prevention related activities your group/organization conducts.
- If you or someone you know is interested in participating, [please fill out this form](#).

- If you know any youth who are interested in participating, [please register here](#).
- For more information on the day as a whole, [view here](#).

3. National Suicide Prevention Month

- September is also National Suicide Prevention Month! All month, mental health advocates, prevention organizations, survivors, allies, and community members unite to promote suicide prevention awareness. #BeThe1To is the 988 Suicide & Crisis Lifeline's message for National Suicide Prevention Month and beyond.
- For more information and how to get involved, [view here](#).

4. Young People Are Dying of Opioid Overdoses. Are Students and Campuses Prepared?

- Overdose death rates have spiked dramatically for young adults, rising 34% between 2018 and 2022, according to data from the CDC. Narcan can be a great way to mitigate risk. [Listen here](#).

5. MIHEN Meeting

- Our next MIHEN meeting is on **September 12, 1:00 - 2:00 pm**. The meeting agenda is attached below. I hope to see you all there!
- [9.12.24 MIHEN Meeting Agenda](#)

Public Health Research from the Last Month...

[I Need New Friends! Changes in Perceived Peer Drinking Norms and Developmental Outcomes Across the Transition to College](#)
Campus Drug Prevention

[My First Year in Prevention: A Guide to Learning the Field](#)
PTTC

[Barriers to and Benefits of Mental Health Services in College Students with and without Depression, Anxiety, and Hazardous Alcohol Use](#)
Higher Education Center

Upcoming Events...

- National Recovery Month - **all September**
- National Suicide Prevention Month - **all September**
- MIHEN Meeting - **September 12**
- Michigan Youth Prevention Day - **September 30**



Thank you for your participation in the MIHEN. Please contact me at {alexw@preventionnetwork.org} or {517.393.6890} if you have any suggestions to further improve the network.

Best, Alex



alexw@preventionnetwork.org
<https://www.preventionnetwork.org/mihen>



[Prevention Network Homepage](#)

Prevention Network | 3815 W. St. Joseph Ste A--500 | Lansing, MI 48917 US

[Unsubscribe](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!