



## Michigan Youth Coalition Network Monthly Newsletter

A Note from the Coordinator...

Happy November! We are coming up on my favorite season, the holiday season!

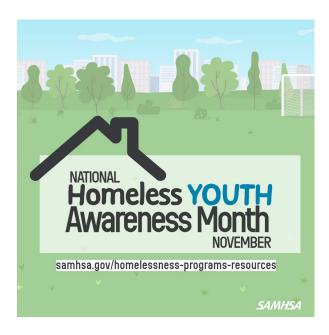
I recognize that the holiday season is not a great time for everyone; it can be a time of stress, grief, and overwhelming emotions. As always, it is okay to not be okay, even around the holidays.

My hope for you all this month is to see the light in each other and be the light for each other.

Have a Great Month!

Lauren Gonzales, MPH Coalition Programs Coordinator Prevention Network

#### November News....



1. November is National Homelessness Awareness and National Youth

Homelessness Awareness Month. #YouthHomelessness affects overall health and wellness, often leading to increased trauma, anxiety and depression. Addressing both homelessness and #BehavioralHealth needs is essential for helping young people.

SAMHSA has resources to help: samhsa.gov/homelessness-programs-resources

- Session 2 and 3 of the Youth Lead We Listen webinar series was recorded and is available to watch <u>Here</u>.
- 3. OPPORTUNITY FOR YOUTH: Prevention Network's Youth Advisory Council (YAC) is accepting applications for the 2025-2026 school year. The goal for this years YAC is to provide a space for youth working on substance misuse prevention to network with each other while gaining education and information on upcoming opportunities.
  Apply Here!

# <u>Upcoming Events, Trainings, and</u> <u>More!</u>

## Check out these upcoming Great Lakes PTTC Webinars!

- November 13: 12:30pm-2:00pm, Unlock the Power of Protective Factors with the Social Development Strategy
- November 18: 10:00am-10:30am, "Coffee Break" Networking for Substance
   Misuse Prevention Professionals
- November 20: 12:00pm-2:00pm, Storytelling Strategies for Funding Success:
   The Art of the Conversational Pitch

To Register for these webinars and check out other PTTC training opportunities Click Here



MYCN meetings are every third Tuesday of the month, 11:30 a.m.-12:00 pm!

Join Zoom Meeting link:

#### **MYCN Monthly Zoom Meeting**

Meeting ID: 546 078 9269

Passcode: 253461

#### WE WANT YOUR FEEDBACK!

Please tell us what you want to see discussed in our monthly MYCN meetings!

Click here to submit your ideas!

## Questions, Comments, Concerns?

Please feel free to reach out to me at laureng@preventionnetwork.org

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