



Michigan Youth Coalition Network Monthly Newsletter

September is National Recovery Month!

SAMHSA has themed this year "Recovery is for Everyone: Every Person, Every Family, Every Community". National Recovery Month is observed every year and was enacted to promote evidence-based practices for prevention, treatment, and recovery. While promoting these things it also serves to celebrate individuals in recovery. As prevention professionals we can do our part to celebrate national recovery month by spreading awareness of evidence-based prevention practices and attending events/webinars that will expand the understanding of recovery.

- For National Recovery Month events [Click here](#)

The Youth Advisory Coalition Applications are open!





ALL ABOUT THE YAC

The "YAC" or Youth Advisory Council is a state-wide youth council consisting of 10th-12th graders who are interested in substance misuse prevention or coalition work. The YAC is an opportunity for youth to discuss hopes and concerns, build leadership skills, and organize a leadership opportunity.

Our 2023-2024 Youth Advisory Council had the opportunity to help lead our Annual Youth Coalition Development Leadership Retreat, attend the CADCA National Leadership Forum, complete a photovoice project in their community, and are continuing to complete other projects! To keep up to date you can follow the MYCN YAC on Instagram @mycnyouthadvisorycouncil

Participation and guidelines:

Who's Eligible:

- Students 10th-12th Grade who are interested in substance misuse prevention and coalition work.

Benefits:

- Gain experience facilitating events and leadership opportunities.
- Participate in Leadership Development.
- Discuss youth-related substance use issues.
- Gain resources and knowledge to bring to local coalitions.
- Network with other Youth Coalition Members across the State.
- Gain Professional References and Recommendations.

Commitment:

- Application Acceptance - May 20th, 2025
- One Welcome YAC Youth Leadership Training
- 10 Virtual Monthly Meet-Up's
- Help to facilitate one In-Person Youth Retreat
- Organize and complete a Project with Youth Advisory Council members

**YAC Photovoice
Example**

**YAC
Flyer**

**YAC Permission
Slip**

YAC Guidelines

YAC Application

Upcoming Events, Trainings, and

More!

THE MICHIGAN YOUTH COALITION NETWORK
INVITES YOU TO A TWO PART VIRTUAL SERIES

EMPOWERING VOICES: MASTERING STORYTELLING AND EMPATHY TO AMPLIFY YOUR IMPACT

FACILITATED BY DAVE CLOSSON AND KARIE TERHARK

PART 1: EMPATHY UNSCRIPTED: CULTIVATING COMPASSION, CLARITY, AND CONNECTION

September 12th, 3:00pm-4:30pm ET

Imagine a workshop where every voice matters, where the stories told are as diverse as the people telling them.

"Empathy Unscripted: Cultivating Compassion, Clarity, and Connection" invites youth coalition leaders and youth members to embark on a 90-minute journey to unlock the power of empathy. Here's what we'll explore together:

- Understanding and Connection through Empathy
 - Finding Your Why
 - Crafting Impact Statements
 - Navigating Emotional Landscape

This session is designed not just to teach but to transform. You'll leave with the skills to listen deeply, understand profoundly, and articulate your thoughts with compassion and clarity.

PART 2: FROM INSIGHTS TO STORIES: CRAFTING AND SHARING YOUR NARRATIVE

September 13th, 3:00pm-4:30pm ET

Continue your journey in "From Insights to Stories: Crafting and Sharing Your Narrative Crafting Stories That Matter," a workshop where your story is the star.

This 90-minute session builds on the empathetic foundations laid previously, turning insights into powerful narratives.

Here's how we'll do it:

- Learning the Frameworks
 - Writing Your Story
 - Sharing and Refining
 - Empathy in Narrative

By the end of this workshop, you'll not only have a story to tell but the ability to tell it in a way that truly matters—impacting others, supporting your peers, and perhaps most importantly, changing how you see yourself and your role within your community.



REGISTER NOW >



QUESTIONS, COMMENTS, CONCERNS?
CONTACT ALEX WRAY, MIHEN COORDINATOR AT ALEXW@PREVENTIONNETWORK.ORG

JOIN THE MICHIGAN YOUTH COALITION
NETWORK AT THE FIRST...

michigan youth prevention day

Registration:

Youth: \$15

Adult: \$30

**Includes activities for
the day, snacks, and
lunch!**

REGISTER TODAY!

CLICK HERE

September 30th, 2024

9:30am-3:30pm

Michigan League,

Ann Arbor, MI

Join us for a day with
Youth Speakers, Team-
Building, and a
Prevention Career and
Coalition Exploration
Fair!



Career Fair Partner



Contact Alex Wray, MIHEN Coordinator, at alexw@preventionnetwork.org or
Lauren Gonzales, MYCN Coordinator, at laureng@preventionnetwork.org with
any questions, comments, or concerns!

Check out these upcoming PTTC Webinars!

**Implementing Actionable Leadership-Session 1: Understanding Effective Leadership,
September 11th, 2024 1:00pm-2:30pm**

**Lab Series: LGBTQ+ Youth Suicide Risk Reduction- LAB 1: LGBTQ+ Youth and the Self-
Harm Continuum, September 12th, 2024 1:00pm-3:00pm**

Sustainability Through Belonging, September 26th, 2024 1:00pm-2:30pm

Come to Our October MYCN Meeting

MYCN meetings are every third Tuesday of the month, 11:30 a.m.-12:30 pm!

Join Zoom Meeting

<https://preventionnetwork-org.zoom.us/j/laureng101105?pwd=g9ljhGaK65B8HGidhxqCZ5DADjMdCx.1>

Meeting ID: 546 078 9269

Passcode: 253461

WE WANT YOUR FEEDBACK!

Please tell us what you want to see discussed in our monthly MYCN meetings!

[Click here to submit your ideas!](#)

**Share what you're doing so we
can highlight you!**

Does your youth have a cool project they're working on? A resource you created? A training you attended? Share it with us so we can highlight you in our monthly newsletter!

**Highlight your Coalition
Form!**

Questions, Comments, Concerns?

Please feel free to reach out to me at laureng@preventionnetwork.org



Try email marketing for free today!