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## October 2023 Promoting Positive Parenting

**M** *Parenting Awareness*  
**MICHIGAN**

PAM hopes to provide you with education and resource materials for those doing important work with parents and families in your community on various topics to raise awareness around parenting issues.

## Mark Your Calendar

### 2023 Upcoming Events

- October is National Prevention Month
- October is Infant Safe Sleep Month in MI
- National Prevention Specialist Conference October 3rd - 6th Virtual
- 2nd Annual MYCN Youth Coalition Development Leadership Retreat Monday,

October 16th, 2023

- Child, Adolescent, and School Health Conference, October 23rd - 25th, Ann Arbor, MI
- SEMPQIC's first Annual Black Women's Health Summit, October 26, 2023, Detroit, MI
- Michigan Youth Cannabis Action and Education Alliance (MYCAEA) 1st Annual Conference, October 30th, 9:00 am - 4:00 pm, Eaton RESA, Charlotte, MI
- 31st Annual PAM Conference Friday, November 3rd, 7:30 am - 4:00 pm, Gaylord, MI

Have an event to add to this calendar? Email Sara ( [sarak@preventionnetwork.org](mailto:sarak@preventionnetwork.org)) and we will make sure it is added.

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Introducing "PAM Spotlights" a new section of the newsletter where PAM will highlight one to three organizations each month and the great work they are doing with and for MI parents and caregivers! Have an event coming up? Want to celebrate your amazing achievements or recognize someone doing great work with parents and families? Email [sarak@preventionnetwork.org](mailto:sarak@preventionnetwork.org) to be included in the next edition of "PAM Spotlights" or follow this link "[PAM Spotlights](#)" to fill out the form.

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# "PAM Spotlights"

Featuring:  
Protect MI Child

# Is Your Child Safe Online?



Register your family at  
**ProtectMiChild.com**

The ProtectMiChild Registry is a free and secure program that keeps kids safe from adult-oriented advertising via social media, video streaming, text, and email. Parents can register their children's social media and streaming platform handles, phone numbers, and email addresses to block ads for products like alcohol, tobacco, pornography, and online gambling. Accounts for these platforms can be registered without affecting the way the apps are used. Children's personal information also remains private when they are registered.

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Register Today  
[www.ProtectMiChild.com](http://www.ProtectMiChild.com)

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Michigan Child

# Michigan Child Protection Registry

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When you register your child's email, cell phone, SnapChat, Instagram and Twitter they will stop receiving ads for:

- ✦ Alcohol
- ✦ Tobacco/Vaping Products
- ✦ Gambling
- ✦ Pornography



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**Registration for the PAM  
Conference will close**

# October 20th!

31ST ANNUAL  
PARENTING  
AWARENESS  
MICHIGAN  
CONFERENCE



November  
3rd, 2023

TREETOPS RESORT  
GAYLORD, MI

3962 Wilkinson Rd  
Gaylord, MI 49735

Featuring  
Mark Ostach



Keynote Topic: Fostering Connection &  
Wellness in Our Communities

Fostering connection is going to be key as we help heal and advance the communities we live in moving forward. Demonstrating empathy for the changes we are all going through and understanding ways to restore energy and human interaction are critical. In Mark's message, he will provide ways to reignite human connection leaving you filled with a newfound courage to connect.

Early Registration \$90.00

Late Registration \$110.00

**REGISTER HERE**



Who should attend:

INDIVIDUALS WHO WORK WITH PARENTS AND FAMILIES, EDUCATORS,  
SERVICE PROVIDERS, SCHOOL PERSONNEL, PARENT NETWORKS,  
COALITION MEMBERS, PARENT LEADERS, VOLUNTEERS AND ANYONE  
INTERESTED IN PARENTING.

Current Sponsors:



FOR QUESTIONS OR MORE INFORMATION CONTACT SARA  
KIRKPATRICK, PAM COORDINATOR AT  
SARAK@PREVENTIONNETWORK.ORG  
OR VISIT WWW.PREVENTIONNETWORK.ORG/PAM

[Exhibitor Information](#)

[Sponsor Information](#)

**MICHIGAN STATE**  
UNIVERSITY

**Extension**

# Michigan State University Extension

## Child and Family Development October Offerings

### Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

#### Class dates:

- 10/3/2023: Parenting in the Digital Age Part 1: Bullying, Digital Reputation, Sexting
  - 10/10/2023: Parenting in the Digital Age Part 2: Online Predators, Privacy Issues, Trafficking
  - 10/17/2023: Let's Talk: Parent and Provider Communication
  - 10/24/2023: Mathematics for Infants and Toddlers
  - 10/31/2023: NO CLASS
- **Class Times:** 8:00PM to 9:30PM

[Register Here](#)

### Parenting Series

#### Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five-week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

- **Class Dates:** Thursdays, October 5, October 12, October 19, October 26, November 2
- **Class Times:** 11:30am-1:00pm ET

[Register Here](#)

#### Building Strong Adolescents

Are you wondering how to navigate the teen years with your child? Do you wonder how to set limits while still promoting independence and encouraging positive relationships? Join us for this five week parenting education series for parents with children between 9-16 and explore the assets children need to succeed. Certificates of attendance are available.

- **Class Dates:** October 16, 23, 30, November 6, 13
- **Class Times:** 7:30PM-9:30PM

[Register Here](#)

### Kinship Caregiver Classes

Kinship Caregiver classes are targeted to relatives caring for another relative's children.

#### Workshop:

- 10/11/2023: Helping Kids Manage Stress
- **Class Time:** 7:00PM to 8:30PM

[Register Here](#)

#### Building Early Emotional Skills

Are you having trouble with biting, tantrums or the "terrible twos?" Building Early Emotional Skills (BEES) is a four-week class for primary caregivers of children 0-3 that teaches about how young children develop social emotional skills and helps give caregivers skills to deal with the stress of caring for children and to help their children develop strong social emotional

skills. BEES will help you learn about:

Your child's temperament and stress

Your triggers and how to manage them

Being reflective about feelings and emotion coaching

Reducing biting, conflict and frustration and handling tantrums

Building a solid foundation for tomorrow

Certificates of attendance are available.

- **Class dates:** Fridays, October 13, 20, 27, Nov. 3
- **Class times:** 11:30am-1:00pm ET

[Register Here](#)

## Early Childhood Professional Development Classes

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

Title: ABC's of Early Literacy

- **Class Date:** October 19<sup>th</sup>
- **Class Time:** 7:00PM to 8:30PM

[Register Here](#)

Title: Learning to Talk

- **Class Date:** October 27<sup>th</sup>
- **Class Time:** 1:00PM to 2:30PM

[Register Here](#)

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**Statewide Maternal & Infant Health Data Meeting**  
October 10th, 2023  
4:00-6:00 PM  
Hosted by  
 **SEMPQIC**  
Southeast Michigan Perinatal Quality Improvement Coalition  
Now 100% Virtual  
via Zoom!  
**Registration Now Open!**

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# Registration for the CASH

# Conference closes October 13th! Register today!



Child, Adolescent and School Health Conference  
Presented by the Michigan Department of Health and Human Services

2023 Child, Adolescent and School Health Conference

## REGISTRATION AND EVENT DETAILS

October 23-25, 2023

Radisson Plaza Hotel & Suites • Kalamazoo, MI

In 2020, the Michigan Department of Health and Human Services (MDHHS) announced the Moving Toward Solutions: Addressing Teen Pregnancy Prevention in Michigan (MTS) Conference had been rebranded to the **Child, Adolescent and School Health Conference (CASH)**.

**CASH CONFERENCE OVERVIEW:** The CASH Conference will address the evolving needs of child and adolescent health professionals by offering emergent and engaging content from leading subject matter experts. Participants will gain practical and innovative strategies for the development and implementation of effective programs, policies, and practices to improve the health, well-being, and resiliency of young people. CASH Conference participants will strengthen their skills, gain valuable information and resources, and connect with others working in this field.

**CASH CONFERENCE TARGET AUDIENCE:** Child and youth-serving professionals from community-based organizations, schools, local health departments, child and adolescent health centers, healthcare organizations, violence prevention organizations, faith-based organizations, mental health organizations, and others interested in child and adolescent health issues.

### CONFERENCE FORMAT

The third annual conference will be held in person only at the Radisson Plaza Hotel & Suites in downtown Kalamazoo, Michigan. This is unless health and safety concerns and/or regulations dictate an all-virtual conference.

### REGISTRATION FEES

Full conference with pre-conference:	\$ 200
Full conference without pre-conference:	\$ 150
Day 1 only:	\$ 100

### REGISTRATION AND CONFERENCE INFORMATION NOW AVAILABLE!

**REGISTER HERE**

<https://cashconfdms.regfox.com/2023-cash-conf>

**NOTE: Registration Closes October 13th**



### LODGING INFORMATION

The conference guest room rate is valid for the nights of Sunday, October 22 to Tuesday, October 24.

#### Event Location

Radisson Plaza Hotel & Suites  
199 West Michigan Avenue  
Kalamazoo, MI 49007  
269-343-3333  
<https://radissonkzoo.com/>

#### Reservation Cut-off Date:

October 1, 2023

#### RESERVE GUEST ROOM HERE

By Phone: Call 269-343-333  
and reference the MDHHS  
CASH Conference

#### Guest Room Rate:

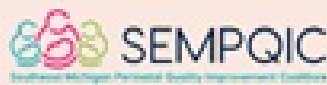
Single or Double Room: \$159 plus 6% sales tax and applicable local taxes. Conference parking rate is \$10/day for overnight guests and \$5/day for those not staying at the hotel.

Questions? Contact Diane Drago, CASH Conference Coordinator, at [ddrago@dmsevents.com](mailto:ddrago@dmsevents.com)

# REGISTER HERE



# Black Women's Health Summit



**October 26, 2023**  
Time: 9:00a.m - 4:00p.m.  
Location: Focus: HOPE



**Register Now!**

Detroit Mothers Speak



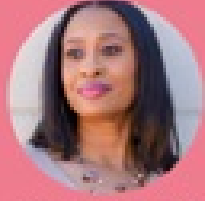
Alethia Carr, MBA, RD



Vernice Anthony, BSN, MPH



Ally Rooker, MPH



Kiddada Green, M.A.T



Shirley Mann Gray, MSW, LCSW



Stephanie M. Smith

**[REGISTER HERE](#)**

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# MYCAEA

MICHIGAN YOUTH CANNABIS ACTION  
AND EDUCATION ALLIANCE

## FIRST ANNUAL CONFERENCE

**SPEAKERS TO BE ANNOUNCED  
TOPICS TO INCLUDE LEGAL UPDATES,  
COMMUNITY ASSESSMENT INFORMATION,  
AND WORKING WITH YOUTH .**

Monday, October 30, 9:00 am - 4:00 pm  
Eaton RESA, Charlotte, Michigan

**REGISTRATION WILL BE AVAILABLE AFTER  
OCTOBER 1 AT [WWW.MYCAEA.ORG](http://WWW.MYCAEA.ORG)**

\$45 per person to include continental  
breakfast, lunch, and MCBAP CEUs.

[REGISTER HERE](#)



Share

Submit an idea to [Sara Kirkpatrick](#), PAM Program Coordinator

Prevention Network/Parenting Awareness Michigan (PAM)  
[preventionnetwork.org/pam](http://preventionnetwork.org/pam) | 517-393-6890

And feel free to make a donation to help continue providing free resources [click here](#)

