



# February 2026

## Parenting Awareness Michigan (PAM)

### March is Parenting Awareness Month 2026: Share Your Local Activities!

We need your help filling our 2026 PAM Local Activities Calendar!



**March is coming**, and Parenting Awareness Month is right around the corner. As we prepare the **2026 PAM Local Activities Calendar**, we are calling on our statewide partners to help us highlight the incredible work happening in Michigan communities.

For nearly three decades, PAM has celebrated parents and caregivers by promoting awareness, providing education, and offering resources that keep families strong. Your activities are at the core of this work.

#### **Tell Us What You're Planning for March 2026!**

If your organization is hosting a parenting or family-focused event, we'd love to feature it. Big or small, in-person or virtual -- it all matters.

#### **Examples of eligible activities:**

- Parent education workshops
- Family fun nights
- Community celebrations
- Library story times
- Support groups or resource fairs

- Virtual learning sessions
- Anything that supports parents, caregivers, or children

## Why Your Event Matters

Your activity helps:

- Promote healthy parenting across the lifespan
- Support family well-being and prevention efforts
- Spread creative ideas communities can use
- Strengthen local and statewide parent networks
- Connect families to meaningful opportunities in their area

Healthy parenting has always been essential, but it matters even more today. Your efforts give families the tools and connection they need!

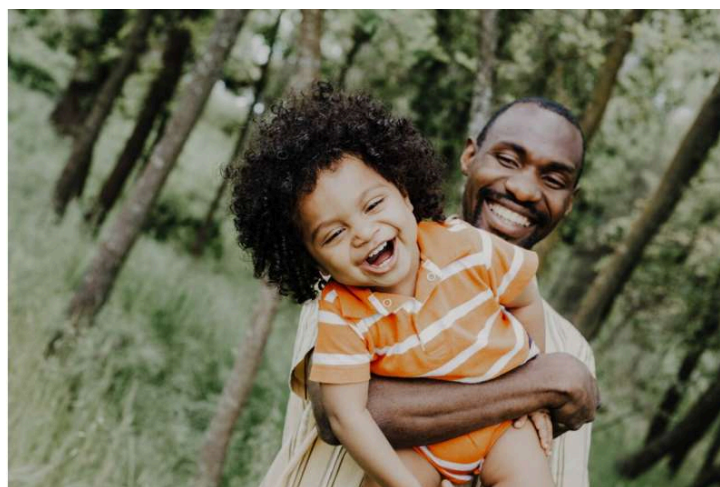
## How to Participate

The submission form is linked below. Before submitting, make sure to gather the appropriate information:

- Event name
- Location
- Date & Time
- Cost (and whether it's free)
- Event description
- Contact information (optional public-facing info)
- Optional: Upload a flyer or materials

**Flyers and attachments can also be emailed to:**  
**[kaylee@preventionnetwork.org](mailto:kaylee@preventionnetwork.org)**

👉 [Complete the submission form here!](#)



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## Coming Soon! March Parenting Awareness Event!

Prevention Network is officially inviting parents to an event co-hosted by *Parenting Awareness Michigan* and *Partnership to End Addiction*.

The event will take place on **March 11th 2026** from **6-8pm** and will be hosted at Copper Moon in **Lansing, MI**.

Please help Prevention Network fill their seats by sharing this event with the parents you work with!

## 34TH Annual PAM Conference: Save The Date!

Please put on your calendars that the next Parenting Awareness Conference will be held on November 9th 2026! We love hosting this conference every year, and we are happy to be doing it again in 2026.

Location will be announced soon!

*Save the Date*

Registration:  
**COMING SOON**

**34TH ANNUAL  
PARENTING AWARENESS  
MICHIGAN CONFERENCE**

**WHO SHOULD ATTEND:**  
Individuals who work with parents and families, educators, service providers, school personnel, parent networks, coalition members, parent leaders, volunteers and anyone interested in parenting.

**WHAT TO EXPECT:**  
Provides attendees with learning opportunities about relevant issues, programs, and resources related to parents and families.

**CONTINUING EDUCATION UNITS AVAILABLE:**  
Pending approval CEUs from  
Social Work  
MCBAP  
CFLE

Location to be announced!

**NOV | 9<sup>th</sup> | 2026**

For questions contact PAM Coordinator Kaylee Singer  
[kaylee@preventionnetwork.org](mailto:kaylee@preventionnetwork.org)

**Recent Research in Prevention!**

The following studies were highlighted in a recent research roundup and focus on substance use and related health outcomes:

- Navigating Opioid Use Disorder Treatment for Pregnant and Parenting People: Composite Narratives for Policy Action
- Associations Between Youth Marijuana and Alcohol Use, Neurocognitive Performance, and Triple-Network Resting-State Connectivity

Source: <https://drugfree.org/drug-and-alcohol-news/research-news-roundup-january-29-2026/>



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## Follow PAM on Facebook!

Parenting Awareness Michigan has a Facebook page. It is highly recommended to follow this page as this is where you can get more information as soon as it is shared! PAM also shares information weekly for parents. This information ranges from tips to talk to their children to relevant data. Upcoming trainings and webinars are also shared for our professionals!

[Visit Our Facebook Page here](#)

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## Interested In Being Spotlighted?

Parenting Awareness Michigan will be offering the opportunity to be spotlighted in upcoming issues of the PAM newsletter.

If you are interested in being spotlighted, please fill out this form [here!](#)

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## Upcoming Webinars!

PAM is creating a space where webinars from other organizations will be shared so that all parents/caregivers/professionals can expand their knowledge on the topics presented.

**Michigan Alliance for Families:**

### **Transition: What You Need to Know**

Learn how to use the IEP transition plan along with community resources to plan a smooth transition from school to adulthood.

- February 7 at 9:30am EST

### **Planning for a Good Life Using Charting the LifeCourse Tools**

Explore practical tools to promote a person-centered approach that empowers individuals to pursue their vision for a good life.

- February 18 at 4:30pm EST

### **Transition Beyond IDEA**

An overview of community resources to assist with the transition from school to adult life.

- February 21 at 9:30am EST

## **Prevention Technology Transfer Center Network (PTTC):**

### **Selecting Effective, Evidence-based Strategies for Substance Misuse Prevention**

- February 6 from 10-11:30 CT

### **Pitching Prevention (registration opening soon)**

- February 26 from 10-11:30 CT

### **Be Your Own Spielberg: Using Storytelling Techniques to Create Highly Engaging and Impactful Presentations**

- March 3 from 10-12 CT

### **Logic Models Unlocked: Your Blueprint for Prevention Success**

- March 10 from 1-2:30 CT

### **Ethics in Prevention: A Guide for Substance Misuse Prevention Practitioners - moderated, asynchronous, online course**

- March 16-27

### **Prevention Supervision: Unleashing the Potential of Prevention Professionals Through Effective Supervision**

- March 17 and 18 from 10-1 CT

### **Sustainability Planning Intensive Training Course**

- April 9, 16, 23, and 30 from 1-3 CT

### **Telling Stories with Data: A Crash Course in Data Visualization for Non-Expert Audiences**

- June 4 from 10-12 CT

## **Planned Parenthood of Michigan:**

### **Sexual Health in Recovery: Consent & Relationships**

The Sexual Health in Recovery: Consent + Relationships webinar is designed for folks in treatment or recovery from a substance use disorder (SUD), those who work within recovery communities, or for anyone looking to build a deeper understanding of the role consent and relationships play in our overall sexual health. Participants will gain practical tools to navigate consent and build supportive relationships — all while centering recovery and maintaining personal boundaries.

- February 18 from 6-7:30pm EST

## **Parents Against Vaping:**

### **Behind the Buzz: Helping Kids Navigate Nicotine, Stress, and Mental Health with Dr. Jonathan Avery**

Register now for a timely, solutions-focused conversation exploring how nicotine use can affect youth mental health, increase anxiety, and accelerate addiction — and, importantly, how parents can respond in ways that build trust, motivation, and resilience. As nicotine products evolve and become more discreet, the mental and emotional impacts on kids and teens are often overlooked, leaving many parents unsure where to start.

- February 24th at 6:00pm EST

## **MDHHS:**

### **Virtual Tobacco Treatment Specialist Training**

a 3-day, virtual Tobacco Treatment Specialist (TTS) Training presented by Corewell Health and sponsored by MDHHS for individuals interested in providing tobacco treatment counseling services within a health care or community setting. Participants must be non-tobacco users or tobacco free for at least 6 consecutive months. Tobacco is defined as commercial tobacco and nicotine products.

- April 14-16 - Registration link will be available soon



#### 2026 Events and Observances

- [Michigan State University Extension Child and Family Development Offerings](#)
- [Michigan Alliance for Families Events](#)
- [Michigan Division for Early Childhood](#)
- [MiSHCA's Connecting with Kids through School Health Conference](#) - April 28-29, 2026  
- Bay City, MI
- [2026 Michigan ACE Initiative Conference](#) - May 21 - Grand Rapids, MI
- [Run Drugs Out of Town 5K](#) - June 27
- [Maternal Infant Health Summit](#) - July 15-16
- [2026 National Prevention Network](#) - Late September
- [34th Annual PAM Conference](#) - November 9th

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